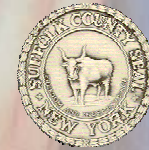


Pregnancy and Postpartum Depression

“You are not alone:

It’s more than just the ‘baby blues’”



Hosted by

**Suffolk County
Office of Women’s Services**

In collaboration with

The Postpartum Resource Center
of New York Inc.
Suffolk County Women’s Advisory Commission
Suffolk County Department of Health
Suffolk Perinatal Coalition



**Tuesday, May 4, 2010
5:00 pm—8:00 pm**

SUFFOLK COUNTY WOMEN’S SERVICES

P.O. Box 6100
100 Veterans Memorial Highway
Hauppauge, NY 11788



Pregnancy and Postpartum Depression. You are not alone, it's not just the baby blues

Greetings,

Perinatal mood disorders, better known as postpartum depression affect not only the mother experiencing these symptoms, but also the newborn infant and the other members of the family.

As such, we are pleased to host this upcoming free event that focuses on increasing awareness throughout the county for the mother, the father, family members, health care providers, mental health professions and public servants.

In 2006, Suffolk County Executive Steve Levy created an Executive Order designating May as *Perinatal Mood Disorders Awareness Month* in Suffolk County. Suffolk County Legislator Kate Browning authored legislation establishing May as *Perinatal Mood Disorders Awareness Month* in Suffolk County which became law in March 2009.

Suffolk County seeks to spread awareness and education about perinatal mood disorders to protect the health and well-being of all its residents, particularly expecting and recent mothers and their families. We look forward to you accepting this invitation to attend this free event. Please do not hesitate to forward this invitation on to someone you feel could benefit from the information that will be provided.

Regards,

Deanna Marshall, Director
Suffolk County Office of Women's Services

5:00 pm–8:00 pm
Light dinner served at 5:30 pm

Featuring:

Carol Blocker

Executive Director and Founder,
Melanie's Battle

Mary Banahan, MS, PA-C, LCCE

Acting Associate Director,
Assistant Professor
Touro College, Manhattan Campus
Physician Assistant Program

Helen G. Meyers, Ph.D.

President,
Suffolk County Psychological Association

Location:

H. Lee Dennison Building
100 Veterans Memorial Highway
Hauppauge, NY 11788

The is a *free* event however, so that we can plan properly
please respond before

April 27, 2010

Name

Organization/Agency

Address

Email

Phone

SUFFOLK COUNTY WOMEN'S SERVICES

Fax: 631.853.8595

Email: womens.services@suffolkcountyny.gov

Phone: 631.853.8284

Or mail to:

P.O. Box 6100

100 Veterans Memorial Highway
Hauppauge, NY 11788