



Date, Time & Place

Date: Thursday, August 16, 2007

Time: Registration and Dinner: 5:30 pm – 6:00 pm
Program: 6:00 pm – 8:00 pm

Place: MAHEC, Classroom #5

Fee: \$65.00

Level: Intermediate & Advanced

Audience

Medical professionals including physicians, nurse practitioners, physician assistants and psychiatrists

Description

This program is designed to help prescribing clinicians to better understand how to identify and treat mood disorders during pregnancy and the first postpartum year. It will include up-to-date information about the use of medications during pregnancy and lactation. It will also explore therapeutic methods of working with the mother's needs, mother/infant bonding, and the mother/father relationship.

Objectives

Upon completion of this activity, participants should be able to:

- Identify risk factors for the initial onset or worsening of a mood disorder during the peripartum period
- Differentiate between the major mood disorders during the peripartum period
- Identify the risks and benefits associated with psychiatric medication usage during pregnancy and lactation
- Identify therapeutic methods of working with the mother, and the relationship between mother and infant, and mother and father during the perinatal period

Credit

2.0 AMA PRA Category 1 Credit(s)TM; .2 hours CEU

Faculty

Dr. Jeffrey Newport is an Assistant Professor of Psychiatry and Behavioral Sciences at the Emory University School of Medicine. He serves as Associate Director of the Emory Women's Mental Health Program.

Dr. Newport's research focuses on clinical and preclinical studies of women's mental health with a particular emphasis on the psychobiology of psychiatric illness during pregnancy and postpartum, the pharmacokinetics of psychotropic medication during pregnancy and lactation, and the persistent neuroendocrine and behavioral impact of early life adverse experiences. Dr. Newport has numerous reports relevant to women's mental health published in journals including JAMA, the American Journal of Psychiatry, Biological Psychiatry, Neuropsychopharmacology, Neurology, and the Journal of Clinical Psychiatry.

Dr. Judy McKay is Board Certified in General Psychiatry and Child & Adolescent Psychiatry and has a Master's of Public Health. She received her medical degree and residency training at the University of South Carolina School of Medicine, Columbia, S.C. During her residency she studied in Scotland and England where she visited Mother-Baby Units for women with postpartum psychiatric disorders. In 2002 and 2004 Dr. McKay made poster presentations at the World Congress for Infant Mental Health, Amsterdam and Melbourne, Australia. She is a graduate of the Zero-to-Three Leadership Fellowship program where she focused on peripartum issues. She is on the Committee for Infancy and Early Childhood for the American Psychiatric Association. Before moving to Asheville, Dr. McKay was the director of the Peripartum Mood Disorder Clinic, Dept. of Neuropsychiatry USC, School of Medicine. She is currently designing a family systems approach to treating peripartum issues.

Rx

An Evening for Prescribing Clinicians

Postpartum Mood Disorders: A Systemic Approach to Biopsychosocial Treatment

Thursday, August 16, 2007



Sponsored by:



**Mental Health Education
Continuing Medical Education**

"Part of the North Carolina AHEC Program"

Credit

CME Accreditation

The Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society to sponsor continuing education for physicians.

Credit

The Mountain Area Health Education Center designates this educational activity for a maximum of **2.0 AMA PRA Category 1 Credit(s)**TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Disclosure Statement

MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

CEU

Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for **.2 CEUs** as established by the National Task Force on the Continuing Education Unit.

Course Director

Eric Christian, MAEd, LPC, NCC
Integrated Care Coordinator
MAHEC Mental Health Education

Medical

Course Director

Judy Hoffman, DO
MAHEC

Registration

Early Registration Deadline: August 9, 2007

Registration fee is **\$65.00** and includes administrative costs, educational materials, dinner and refreshments. If registration is received after **August 9, 2007** the registration fee will be **\$80.00**

Refund requests will be honored if received in our office in writing up to **two full business days** prior to the program date. If you do not cancel within the allowed time and you do not attend the class, you will be invoiced for the entire workshop fee. You may send a substitute. Please notify us of this change prior to the program.

Registration fees for MAHEC programs are **due on or before the program date** unless your organization is paying the fee as authorized by your supervisor on the registration form.

Directions to MAHEC

From I-40 Eastbound, take Exit 50 and turn left onto Biltmore Avenue. From I-40 Westbound, take Exit 50(B) onto Biltmore Avenue. Stay in the right-hand lane through 5 traffic lights. At the 6th traffic light, turn left at Mission Hospitals' emergency entrance. Take first right and immediate right into MAHEC's parking deck. If the deck is full, cross the bridge to our blue parking lot.

For directions from Tennessee, visit our website www.mahec.net or call 828-257-4400.

Have a question?

Registration Information: 828-257-4475

Want to register?

Fax Registration: 828-257-4768
Online Registration: www.mahec.net
Mail: MAHEC Registration
501 Biltmore Ave., Asheville, NC 28801

Special Services: 828-257-4481



Postpartum Mood Disorders -- An Evening for Prescribing Physicians

Thursday, August 16, 2007

Name _____

Social Security # **XXX-XX-**__ __ __ __ (last 4 digits required)

Credentials _____

Occupation _____

E-mail Address _____

Home Address _____

City _____ State _____ Zip _____

Home County _____

Home # _____ Work# _____

Employer _____

Employer's Address _____

City _____ State _____ Zip _____

Department _____

Work County _____

Brochures mailed to my Home E-mail

Please remove my name from the MAHEC mailing list.

Vegetarian meal requested.

Registration Fee:

- \$65 if you register by August 9th
 \$80 if you register after August 9th

Program fee enclosed

Employer will mail fee (fax registration now!)

*Supervisor's Authorization _____
Required only if your employer is paying. PLEASE PRINT

Credit card info provided

Charge my: Visa Mastercard Discover Card American Express

Account # _____

Exp _____ Name on Card _____

Signature _____

Make check payable to **MAHEC** and send to:
MAHEC Registration, 501 Biltmore Avenue
Asheville, NC 28801-4686
Fax registration: 828-257-4768

Program #08MH032/20675