

Postpartum Resource Center of New York Presents A Training for Professionals and Peer Supporters

Building a Perinatal Depression Safety Net in Our Community

Understand Perinatal Mood Disorders (including Postpartum Depression) and how best to support women and families in need of help. Training presented by Sonia Murdock, Executive Director of the Postpartum Resource Center of New York.

Date: Tuesday, November 17th - 9:00 am - 9:30 am (registration and coffee)
- 9:30 am - 12:30 pm (training)

Location: Islandia Village Hall
1100 Old Nichols Road
Islandia, NY 11749

Training Objectives:

- * Gain a clear understanding of Perinatal Mood Disorders
- * Understand cultural factors
- * Understand the risk factors
- * Gain tools to screen
- * Gain outreach and educational materials
- * Learn about available resources

To Register:

Pre-registration is required.

Seating is limited.

Registration fee: \$50

Email info@postpartumny.org or call (631) 422-2255

Thank you to the **Village of Islandia** for providing the space for this important training.

The Postpartum Resource Center of New York is the 501(c)(3) nonprofit organization providing emotional support, educational information and training, and healthcare and support group resources to New York State women and their families at risk for or experiencing a Perinatal Mood Disorder.

The Postpartum Resource Center of New York's mission is to continue to increase awareness and access to care for families in need of help for Perinatal Mood Disorders, including Pregnancy and Postpartum Depression/Anxiety and Postpartum Psychosis.

Postpartum Resource Center of New York Helpline: (631) 422-2255
www.postpartumny.org